



National Honor Society (NHS) Wootton Wellness Day

Sponsored by: Samuel Williams Leadership Foundation



The foundation was established in loving memory of Sam Williams; Sam was a sophomore, Class of 2015 honor student at Wootton High School.

BE T.R.U.E.



"BE TRUSTWORTHY, RESPONSIBLE, UPLIFTING, ENTHUSIASTIC"

The **"Be T.R.U.E. Leadership Award"** raises funds to provide programs focused on team building and leadership training for teens. The Foundation is hosting its 11th anniversary event the **Be T.R.U.E. 5K run/walk & Wootton Wellness Day** at Wootton High School on **March 16, 2024.**



On-line registration IS NOW OPEN at:
<http://samwilliamsleadershipfoundation.blogspot.com>

REGISTRATION is required by Wednesday, March 1th to guarantee a shirt for race day.
FUN & Fitness for the whole family!
EVENTS for 2024 include:

- Mini- "Fun Run" for kids 12 and under – 1/3 mile
- Wellness Warm Up
- Field Games
- Face painting
- Live DJ/Music
- Fresh made Kettle Corn
- Refreshments
- FREE raffle for all registered participants